



The Cathedral Connection



18 August 2024
Vol. 13 Issue 28
Twentieth Sunday in Ordinary Time

What is nourishing you?

People are often very conscious of what they eat today. There is such a variety of foods from which to choose. As a lad it was meat and three veg, other than on Friday when there was the delight of Fish n Chips! Today, the possibility of take aways or order ins are plentiful. And one of the gifts of our ethnic diversity is the culinary diversity which this brings.

Yet while scripture passages offered to us by the Church this week speak of food and drink, to be taken, eaten, drunk, and enjoyed, we can see that the actual nourishment being offered is beyond the literal. On Tuesday the Prophet Ezekiel spoke of being offered a scroll to eat. Today Wisdom offers the simple, us, her wine and food laid upon her table. In the Gospel of John, Jesus offers his flesh, his body and blood to eat, to drink.

Every day we are nourished through our senses. We are nourished through what we see, hear, smell, touch, and taste. Yet are we making choices when it comes to what enters us through our senses? Are we seeking to enjoy sights, sounds, aromas, touch, and tastes which are actually going to give us life? Like some fast food, there is plenty around which can 'fill us up', and even give us a temporary fix, but will this give us life to the full?!

In the Sacraments we are nourished by God's Word and through the presence of the Risen Lord. This nourishment will enable us to live eternally. This is the food which forms our response to all that life places before us. How is our daily intake of the Scriptures? How often are we availing of the Risen Lord in prayer and in the Sacraments?

I included a wonderful quote from St Jerome, the great Scripture Scholar, in a recent workshop on the Liturgy of the Word, "When we approach the (Eucharistic) mystery, if a crumb falls to the ground, we are troubled. Yet when we are listening to the word of God and God's Word and Christ's flesh and blood is being poured into our ears, yet we pay no heed, what great peril should we not feel?" (St Jerome).

Yes, both Word and Sacrament are essential nourishment for life; today and tomorrow. A reflection for us in the days ahead is to notice what is nourishing us. Are we being nourished well through our senses? How are we choosing? Remembering as Jesus says, "the one who feeds on me will have life because of me."



With prayers, patrick

Readings for the Week

Sunday 18th – Twentieth Sunday in Ordinary Time
Proverbs 9:1-6; Ephesians 5:15-20; John 6:51-58
Monday 19th
– Ezekiel 25:15-24; Matthew 19:16-22
Tuesday 20th – Ezekiel 8:1-10; Matthew 19:23-30
Wednesday 21st – Ezekiel 34:1-11; Matthew 20:1-16
Thursday 22nd – Ezekiel 36:23-28; Matthew 22:-14
Friday 23rd – Ezekiel 37:1-14; Matthew 22:34-40
Saturday 24th – St Bartholomew - Revelation 21:9-14; John 1:45-51
Sunday 25th – Twenty-first Sunday in Ordinary Time
Joshua 24:1-2,15-18; Ephesians 5:21-32; John 6:60-69



OUR MISSION & VISION

To joyfully share God's love. To be a missionary people united in the hearts of Jesus and Mary

Sacred Heart Cathedral Parish is a partner in the Wellington Central Pastoral Area with St. Mary of the Angels (CBD), and the Catholic Parish of Otari (Wilton and Karori)

'The Eucharist is Jesus himself who gives himself entirely to us. *Nourishing ourselves* of Him and *abiding* in Him through Eucharistic Communion, if we do so with faith, *transforms our life*, transforms it into a gift to God and to our brothers and sisters. Nourishing ourselves of that "Bread of Life" means entering into harmony with the heart of Christ, assimilating his choices, his thoughts, his behaviour. It means entering into a dynamism of love and becoming people of peace, people of forgiveness, of reconciliation, of sharing in solidarity. The very things that Jesus did.' - Pope Francis, Angelus, 16 August 2015.



METROPOLITAN CATHEDRAL OF THE SACRED HEART
TE AHUREWA O TE NGĀKAU TAPU

YOUR PARISH NOTICES AND EVENTS



New to this parish?
Nau Mai Haere Mai - Welcome

If you would like to become a member of our parish or know more about us, please complete the form at: <https://mcshwellington.org/join-the-parish/> or contact the parish office ph. 496 1700. We look forward to welcoming you.



PARISH ACTIVITIES

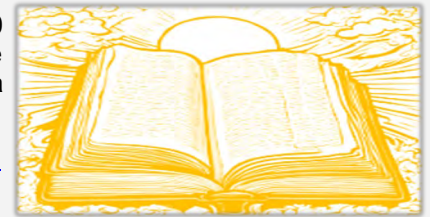


Alpha - is an opportunity for people to encounter Jesus Christ and build relationships. Each evening begins with a meal (provided for you) followed by a video presentation and shared discussion in small groups. Held **Wednesday Nights, until 4 September from 6.30pm to 8.30pm in Connolly Hall, Guildford Tce.** Come along for a look, and perhaps bring a friend.
<https://mcshwellington.org/alpha24/>



Scripture Reflection – held in person and on-line every Tuesday at 6.00pm for 40 minutes. This is an opportunity to come together to pray with and discuss the scripture for the coming Sunday. Meetings are **in the Cathedral Foyer**, or you can join virtually via the internet on “Zoom” please use the following link:

<https://us06web.zoom.us/j/84826247342?pwd=K0tUMHhyR1Rkb2NDZFhiRIZIT0dmdz09>
Meeting ID: 848 2624 7342 Passcode: 404496



Divine Mercy Devotions - Sundays 6.00pm-6.30pm in the Cathedral. All welcome.

Rosary - Every Monday (except Public Holidays) from 11.30am in the Cathedral, all welcome.

Adoration of the Blessed Sacrament is available on Thursdays in the Cathedral from 7am until 7pm. Everyone is welcome to make a visit during these hours. If you can regularly spare an hour on a Thursday please contact the [parish office](#) to support this special time of encounter with Jesus.

Sacred Heart Cathedral Prayer Group - We meet on the 1st and 3rd Mondays of the month in the Cathedral from 7.30pm to 9.00pm. All are welcome.

Parish Gathering – We’ve been home again in the Cathedral for almost three months and would like to invite you to mark this by hosting drinks and nibbles following the Vigil Mass on Saturday 31 August. Please join us and catch up with fellow parishioners, new and old.



Our next parish bake sale, raising funds for the continuing Cathedral restoration, will be next weekend 24-25 August. Lots of lovely baked goods will be available again after all our weekend Masses. Do stop to make a purchase and support the fundraising for the Cathedral. You won't be disappointed. **Eftpos available. Saturday 5.30pm Vigil and Sunday 10am and 7pm Masses.** Donations of baked goods are most welcome!



“Come and have breakfast...”

Parish Father’s Day Celebration - The parish fundraising team would like to recognise this special day for our parish fathers and father figures by organising a breakfast for fathers and their children before the 10am Mass on Sunday 1 September. This will be an opportunity to relax with your children and other fathers.

Where – **Connolly Hall** - When – **1 September between 8.30am. and 9.30am.**

The cost - \$35.00. How to pay – to register and to receive payment details please email mcsh.events@gmail.com with your name and number of people attending.

For catering purposes we need to know how many fathers and children are attending and receive your \$35 payment by Monday 26 August. If you would like to attend and need financial assistance, please send an email to the above address in confidence.

Fundraising Update: Our new total to raise has dropped to \$670,000.00. This has been an incredible effort. Yes, there is still a way to go, and through our tried-and-true methods such as bake sales, as well as new initiatives coming up, we look forward to ‘knocking off’ our balance.

Donations for Sacred Heart Cathedral Strengthening and Restoration Campaign can be made to this bank account number: **02-0506-0138488-025**

Particulars: Your surname and initials . **Code:** Your phone number. **Reference:** REOPEN

Credit Card Donations can be made here: <https://www.cathedralcampaign.org.nz/donation-form> Eftpos facilities for donating are available in the foyer after Masses.

Nā tō rourou, nā taku rourou ka ora ai te iwi - With your foodbasket and my foodbasket, the people will thrive



JOIN US FOR A
**SACRED HEART
CATHEDRAL FUNDRAISER**
WITH SIR BILL & LADY MARY ENGLISH

SUNDAY 25 AUGUST, 2PM

Join us for a special fundraiser event to support the Metropolitan Cathedral of the Sacred Heart and hear from guest speakers Sir Bill English and Lady Mary English.

Following the 2018 earthquakes, the Cathedral has undergone extensive restoration and has recently reopened. The Cathedral's historic Hobday organ also required restoration, and a committee is being established to restore it and raise funds.

While there is no ticket cost, we kindly suggest a donation of \$20 to help restore the organ. **Malvina Major Village**, 34 Burma Road, Khandallah, Sunday 25 August, 2.00pm.

Find out more at www.rymanhealthcare.co.nz/events

RSVP is essential - call Josie on 04 478 3422.

From Sr Marie: A big **Thank You** to each one of you for your texts, cards emails etc. for your messages of sympathy and prayers for me on the occasion of my sister Barbara's passing to eternal life.

Thank you also for your prayers and messages for my health. All are very much appreciated. I hope to be back with you soon. Blessings and prayers for you all.

Sr Marie



**Ōtari Parish Movie Night Fundraiser
in support of the Compassion Soup Kitchen**

**'We Were Dangerous' Sunday 25 August, 3.30pm, Penthouse Cinema, Brooklyn
Screening Time 3.30pm, Tickets \$20.00**

Payment via Cash or Bank deposit. Use your name as reference and code 'Movie' - account number 03 - 0510-0740893-000 Donations are welcome if you can't come.

For inquiries email Liz Bergin: yummy6767@gmail.com

A fiery trio of schoolgirls navigate friendship and rebellion on a harsh reformatory island in 1954 under a strict, devout Matron – an award-winning tale of survival, solidarity and resistance. Written by *New Yorker* cartoonist Maddie Dai and Stewart-Te Whiu, and executive-produced by Taika Waititi.

Marriage Preparation Course

Sundays 8 & 15 September in Wellington. This September course and the following November course are the only remaining opportunities this year to attend the Archdiocese's flagship marriage preparation Course **Love is a Decision**

We encourage couples to attend a course well in advance of their wedding date.

Register online at: www.wn.catholic.org.nz/about/church-mission/marriage-ministries/

Email: marriage@wn.catholic.org.nz



Suzanne Aubert Tertiary Scholarship 2025

This scholarship is designed to support students within the Catholic Archdiocese of Wellington and the Diocese of Palmerston North who will be studying in their **second year** of tertiary studies in 2025. Applications for 2025 open on 1 September 2024.

For more details and to apply, please visit our website: www.compassion.org.nz.

If you have any questions regarding the application process, please contact:

Felicity Giltrap: felicity.g@compassion.org.nz



Challenge 2000 has been providing Youth Development, Community and Family Social Work services for over 35 years, mainly in the Wellington region.

You are warmly invited to their movie fundraiser "Ghostlight" - when a construction worker joins a local theatre's production of Romeo and Juliet" the drama onstage starts to mirror his own life. Sunday 1 September, 5:00pm, Penthouse Cinema Brooklyn.

Contact Gabrielle Lawson gabrielleglawson@challenge2000.org.nz to book your ticket. If you are unable to attend, but would like to sponsor a ticket please let Gabrielle know.

All proceeds will go towards unfunded programmes - counselling services, youth activities and group work.

A link to the trailer is here <https://www.youtube.com/watch?v=R1TycuGX4Mw>



Catholic Archdiocese of Wellington

Stay up to date with Archdiocesan events:

<https://www.wn.catholic.org.nz/events/>

Cathedral Shop: Here you will find many items to enrich your faith journey or that of someone special. We have Bibles, Catechisms, Papal Encyclicals, Rosary Beads, Comfort Crosses, and cards for different intentions. So, please do stop by and have a look. Our Cathedral Guardians and Mass Coordinators are well versed in how to help you with your purchases and eftpos is available.

SACRED HEART CATHEDRAL PARISH

PO Box 1937, Wellington 6140.
21 Eccleston Hill, Thorndon.
Ph: (04) 496 1700
cathedral.parish@wn.catholic.org.nz
www.mcshwellington.org
www.facebook.com/MCSHWellington/

Parish Pastoral Leadership Team

- Fr Patrick Bridgman
Cathedral Administrator
- Debbie Matheson
Lay Pastoral Leader

Parish Secretary: Frank Doherty

Office Hours:

10am-4.30pm Tues, Thurs, Fri.

Parish Pastoral Council Chair:

Ajith Nissangaratchie

Sacred Heart Cathedral School

Guildford Tce, Thorndon
Ph: (04) 472 4047

Principal: Bernadette Murfitt

DRS: Nikolai (Nik) Solia

If you would like your child to attend Sacred Heart Cathedral School please download an enrolment form.
<https://sacred-heart.school.nz/enrolment/>

SACRED HEART CATHEDRAL,
40 HILL ST, THORNDON.

MASS TIMES

Weekdays (Except Public Holidays)

12.10pm Monday (Liturgy of the Word with Holy Communion)

8.00 & 12.10pm Tuesday to Friday


Saturday 8.30am

Vigil (Saturday) 5.30pm

Sunday 10.00am & 7.00pm

Reconciliation: By appointment.

Baptism: by appointment. Please contact the Parish office.

 Sacred Heart Cathedral School The latest edition of our parish school newsletter is available at:
<https://sacredhcs.schoolzineplus.com/schoolnews?nid=275>

Please keep in your prayers



Sr Marie Gore
June Swain
Ira Hayes
David Trott

Please remember these and any others in the Parish who are ill.

If you know of anyone confined to their homes or who needs a visit with Holy Communion, please contact the [parish office](#).



Remembering the Dead

Recently Deceased:

Joyce Owen RIP 13 August (Mother of John Owen)

Rev. Dennis O'Hagan SM RIP 14 August. (Past Provincial of the Society of Mary)



August Anniversaries:

5th Noel Healy
12th David Shroff
21st Robin Adair
25th Margot Gresham
25th Vincenzina Damiano
28th Mike Loftus
30th Sr Mary Winefride Blake RSM

For all the dead. Those near and dear to us and those who have no one to pray for them. May their souls rest in peace. Amen.

CHILDREN'S CORNER

We Thank Jesus for Coming to Us

In today's Gospel reading Jesus tells the people that He really will give Himself to them as food to eat. We receive Jesus every time we go to Holy Communion.



One of the words we use for Holy Communion is EUCHARIST, which means thanksgiving.

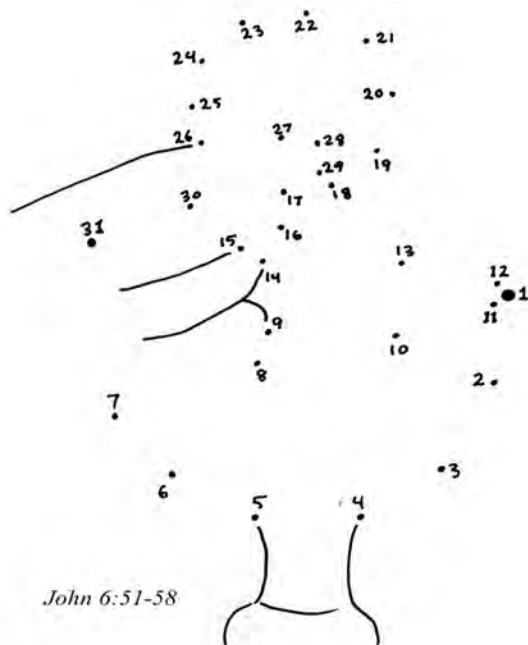


THANK YOU, JESUS, FOR COMING TO ME IN HOLY COMMUNION!

It tells us that the Mass is the best way of giving thanks to God. It also reminds us that we should be very thankful to Jesus for coming to us and giving Himself to us.

We should thank Jesus as soon as we have received Holy Communion. But don't stop being thankful as soon as Mass is over! Being a good Christian means being thankful and trying to please God all the time!

HOW CAN I SHOW JESUS I LOVE HIM TODAY?



John 6:51-58

Jesus told the people that He is the Bread of Life and that He would give Himself to them as food. Connect the dots to see how He gives Himself to us today.