



The Cathedral Connection



4 August 2024
Vol. 13 Issue 26
Eighteenth Sunday in Ordinary Time

I Am!

*“I am the bread of life; whoever comes to me will never hunger, and whoever believes in me will never thirst”
(Jn 6:35)*

The great ‘I am’ we hear in today’s gospel fills me with great hope, love, thankfulness, and anticipation. I am reminded of several instances when I’ve found myself hungering for something, but then having attained it, found it wasn’t really what I was needing or looking for.

The readings today talk of food that sustains us and a God who provides. In the gospel we listen to Jesus expand our understanding of food - from sustenance to feed our body, to the realm of spiritual sustenance. Jesus admonishes the followers, telling them that their focus should not be on food that perishes, but on that which is eternal. He is inviting them to shift their expectations from outward signs to inner transformation.

Like the Israelites in the first reading, do I trust in God’s ability to satisfy my hunger? Is my heart open to receiving God’s generosity and love? To follow Jesus requires letting go of our familiar habits like filling up on “food that perishes”, and allowing Him to give us the *“food that endures for eternal life”* (Jn 6:27).

Our Lord is eager to nourish us for our journey ahead. He promises he will meet us wherever we are in our spiritual journey and give us the sustenance we need to push on and continue to grow in faith, purpose, and service. We just need to keep our focus on Him.

As we walk through our life of faith, may we gracefully accept the manna God offers us, the new challenges and blessings that will sustain us on our journeys, for *“The bread of God is that which comes down from heaven and gives life to the world”* (Jn 6:33).



Debbie Matheson
Lay Pastoral Leader

Readings for the Week

Sunday 4 August - Eighteenth Sunday in Ordinary Time

Exodus 16:2-4, 12-15; John 6:24-35

Monday 5th – Jeremiah 28:1-17; Matthew 14:13-21

Tuesday 6th – The Transfiguration

Daniel 7:9-10, 13-14; Mark 9:2-10

Wednesday 7th – Jeremiah 31:1-7; Matthew 15:21-28

Thursday 8th – 1 Kings 17:8-16; Matthew 6:25-34

Friday 9th – Nahum 2:1, 3, 3:1-3, 6-7; Matthew 16:24-28

Saturday 10th – 2 Corinthians 9:6-10; John 12:24-26

Sunday 11th – Nineteenth Sunday in Ordinary Time

1 Kings 19:4-8; Ephesians 4:30-5:2; John 6:41-51



OUR MISSION & VISION

To joyfully share God’s love. To be a missionary people united in the hearts of Jesus and Mary

Sacred Heart Cathedral Parish is a partner in the Wellington Central Pastoral Area with St. Mary of the Angels (CBD), and the Catholic Parish of Otari (Wilton and Karori)

“Efforts by households to reduce pollution and waste, and to consume with prudence, are creating a new culture we are helping to bring about large processes of transformation rising from deep within society.” (Pope Francis # 71 *Laudate Deum*)

Action: St Paul urges the Ephesians to “Give up your old way of life.” Try and consume with prudence this week; maybe eat less meat or refrain from making an unnecessary purchase.



**METROPOLITAN CATHEDRAL
OF THE SACRED HEART**
TE AHUREWA O TE NGĀKAU TAPU

YOUR PARISH NOTICES AND EVENTS

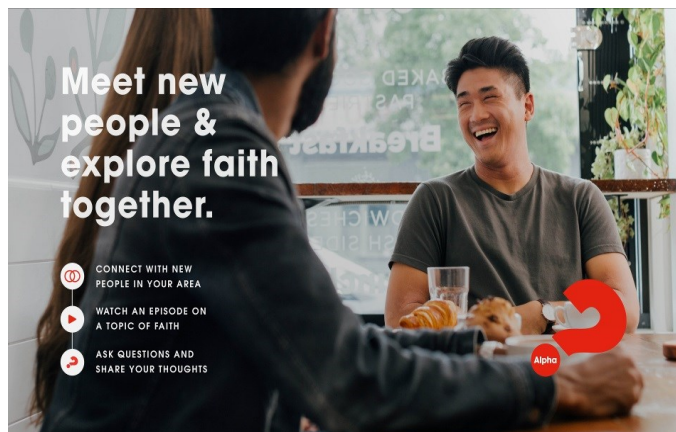


New to this parish?
Nau Mai Haere Mai - Welcome

If you would like to become a member of our parish or know more about us, please complete the form at: <https://mcshwellington.org/join-the-parish/> or contact the parish office ph. 496 1700. We look forward to welcoming you.



PARISH ACTIVITIES



Meet new people & explore faith together.

- CONNECT WITH NEW PEOPLE IN YOUR AREA
- WATCH AN EPISODE ON A TOPIC OF FAITH
- ASK QUESTIONS AND SHARE YOUR THOUGHTS

Do you have questions? We all have questions! Here is an amazing opportunity for you to get some answers!
ALPHA

Encounter Jesus, get answers, and build relationships in our wider community. Join us for an Alpha Day on 10 August from 9:00am to 4:15pm in Connolly Hall and every Wednesday until 4 September from 6.30pm to 8.30pm in Connolly Hall, 10 Guildford Tce.

You may like to bring a friend.

Register online or just come along.
<https://mcshwellington.org/alpha24/>



Sunday Scripture Reflection

Tuesday evenings at 6.00pm in Connolly Hall.
Come along whenever you are available. Everyone is welcome.



Divine Mercy Devotions - Sundays 6.00pm-6.30pm in the Cathedral. All welcome.

Rosary - Every Monday (except Public Holidays) from 11.30am in the Cathedral, all welcome.

Adoration of the Blessed Sacrament

Is available on Thursdays in the Cathedral from 7am until 7pm. Everyone is welcome to make a visit during these hours.

Sacred Heart Cathedral Prayer Group - We meet on the 1st and 3rd Mondays of the month in the Cathedral from 7.30pm to 9.00pm. All are welcome.



Children's Liturgy of the Word - We have resumed the ministry of Children's Liturgy during the Sunday 10.00am Mass. Children under 10 years of age are welcome to go out to participate in the Liturgy of the Word at their own level. Parents are welcome to accompany their children, along with the two trained catechists.

First Holy Communion – Today is a very special day for Anaiah Rhys Capuso. Anaiah is receiving Holy Communion for the first time at the 10am Mass, this Sunday 4 August. Our prayers and best wishes are with you, Anaiah!



Cathedral Sanctuary and inner courtyard work

Until Wednesday 7 August inclusive the sanctuary area of the Cathedral will again become a work site, with scaffold being erected to allow installation of further lighting and the completion of painting in this area.

A temporary altar will be set up at the foot of the sanctuary steps and **Masses will continue to be celebrated in the Cathedral. However, on Monday 5 August the Cathedral will be closed to the public to allow for further work to take place.** There will therefore be no Rosary or Liturgy of the Word with Holy Communion on Monday 5 August.

Inner courtyard closure – Until further notice, the inner courtyard will be closed as further external work is carried out in this area. **Access to Connolly Hall will be via the side walkway to the north end of the foyer only.**



THE BAKE SALE last weekend raised \$1923.00. Thank you to everyone who contributed and supported this fundraising effort. **Our next bake sale is the weekend of 24-25 August after all Masses.**

Fundraising Update: Thanks to the generosity of many who have given before, as well as new donors, and further fundraising activities, our new total to raise has dropped to \$670,000.00. This has been an incredible effort. Yes, there is still a way to go, and through our tried-and-true methods such as bake sales, as well as new initiatives coming up, we look forward to 'knocking off' our balance. Thanks!



JOIN US FOR A
**SACRED HEART
CATHEDRAL FUNDRAISER**
WITH SIR BILL & LADY MARY ENGLISH

SUNDAY 25 AUGUST, 2PM

Join us for a special fundraiser event to support the Metropolitan Cathedral of the Sacred Heart and hear from guest speakers Sir Bill English and Lady Mary English. Following the 2018 earthquakes, the Cathedral has undergone extensive restoration and has recently reopened. The Cathedral's historic Hobday organ also required restoration, and a committee is being established to restore it and raise funds. While there is no ticket cost, we kindly suggest a donation of \$20 to help restore the organ. **Malvina Major Village**, 34 Burma Road, Khandallah, Sunday 25 August, 2.00pm.

Find out more at www.rymanhealthcare.co.nz/events.

RSVP is essential - call Josie on 04 478 3422.

HOPE and ACT with CREATION

A Season of Creation Workshop to animate 'Care for our Common Home' in our communities — All welcome. Hear from an inspirational speaker, share ideas, and gather practical tips and resources for your community.

Hosted by the Integral Ecology Committee, Archdiocese of Wellington EJP Commission.

Tuesday **6 August 6.45pm cuppa for 7pm start; 9 pm finish at St Peter and St Paul's Hall**, Te Awakairangi Parish, 60 Knights Rd, Lower Hutt OR Saturday 10 August 9.45am cuppa for 10am start; 12 noon finish at Our Lady of Kapiti Meeting Room, 1 Presentation Way, Paraparaumu.

To register please email Deirdre Meskill - d.meskill@wn-catholicsocialservices.org.nz



Suzanne Aubert Tertiary Scholarship 2025

We are delighted to announce that the Suzanne Aubert Tertiary Scholarship applications for 2025 open on 1 September 2024. This scholarship is designed to support students within the Catholic Archdiocese of Wellington and the Diocese of Palmerston North who will be studying in their **second year** of tertiary studies in 2025. For more details and to apply, please visit our website: www.compassion.org.nz. If you have any questions regarding the application process, please contact: Felicity Giltrap: felicity.g@compassion.org.nz.

Marriage Preparation Course

Sundays 8 & 15 September in Wellington. This September course and the following November course are the only remaining opportunities this year to attend the Archdiocese's flagship marriage preparation Course **Love is a Decision**

We encourage couples to attend a course well in advance of their wedding date.

Register online at: www.wn.catholic.org.nz/about/church-mission/marriage-ministries/

Email: marriage@wn.catholic.org.nz



"The Puzzle of Romans 13: Christians, Political Authority, and the Apostle Paul" – a free public lecture by Professor Beverly Gaventa, Monday 19 August, 6:30pm, St John's in the City, corner of Dixon and Willis Streets. No registration required. Beverly Gaventa was until recently the Distinguished Professor of New Testament Interpretation at Baylor University in Texas, and Helen H.P. Manson Professor of New Testament Literature and Exegesis Emerita at Princeton Theological Seminary. She was President of the Society of Biblical Literature in 2016 and has published widely on St Paul's writings.



Tuesday's Feast of the Transfiguration is also an unhappy anniversary – of the nuclear attack on Hiroshima in 1945. Three days later, Nagasaki was attacked. Since then, nuclear weapons have not been used in open warfare, and although the number of such weapons has decreased from the heights of the 1970s and 80s, nuclear weapons states continue to develop their arsenals, and international tension is evident.

In condemning the possession of such weapons, Pope Francis said 'Weapons of mass destruction, particularly nuclear weapons, create nothing but a false sense of security. They cannot constitute the basis for peaceful coexistence between members of the human family, which must rather be inspired by an ethics of solidarity'. Let us at least pray that the leaders of nations will be motivated by a genuine desire for peace and the common good of all. https://www.vatican.va/content/francesco/en/speeches/2017/november/documents/papa-francesco_20171110_convegno-disarmointegrale.html

Cathedral Shop: We have reinstated our little foyer shop again. Here you will find may that may enrich your faith journey or that of someone special. We have Bibles, Catechisms, Papal Encyclicals, Rosary Beads, Comfort Crosses, and cards for may intentions. So, please do stop by and have a look. Our Cathedral Guardians and Mass Coordinators are well versed in how to help you with your purchases and eftpos is available.

SACRED HEART CATHEDRAL PARISH

Please keep in your prayers

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Parish Pastoral Leadership Team

- Fr Patrick Bridgman
Cathedral Administrator
- Debbie Matheson
Lay Pastoral Leader

Parish Secretary: Frank Doherty

Office Hours:
10am-4.30pm Tues, Thurs, Fri.

Parish Pastoral Council Chair:
Ajith Nissangaratchie

Sacred Heart Cathedral School
Guildford Tce, Thorndon
Ph: (04) 472 4047

Principal: Bernadette Murfitt
DRS: Nikolai (Nik) Solia

If you would like your child to attend Sacred Heart Cathedral School please download an enrolment form.
<https://sacred-heart.school.nz/enrolment/>

SACRED HEART CATHEDRAL,
40 HILL ST, THORNDON.

MASS TIMES

Weekdays (Except Public Holidays)

12.10pm Monday (Liturgy of the Word with Holy Communion)
8.00 & 12.10pm Tuesday to Friday

Saturday 8.30am

Vigil (Saturday) 5.30pm

Sunday 10.00am & 7.00pm

Reconciliation: By appointment.

Baptism: by appointment. Please contact the Parish office.




Sacred Heart Cathedral School
Te Kura Ahurewa o te Ngākau Tapu
The latest edition of our parish school newsletter is available at:
<https://sacredhcs.schoolzineplus.com/schoolnews?nid=274>



Sr Marie Gore
June Swain
Ira Hayes

Please remember these and any others in the Parish who are ill. If you know of anyone confined to their homes or who needs a visit with Holy Communion, please contact the [parish office](#).



Remembering the Dead

Recently Deceased:

Barbara Gore - 4 Jul
Patricia McDonnell - 10 Jul



August Anniversaries:

5th Noel Healy
12th David Shroff
21st Robin Adair
25th Margot Gresham
28th Mike Loftus

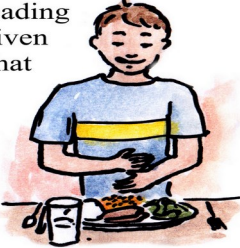
For all the dead. Those near and dear to us and those who have no one to pray for them. May their souls rest in peace. Amen.

CHILDREN'S CORNER

We are Hungry for Jesus

God Provides Bread

The people in today's Gospel reading followed Jesus because He had given them bread. He told them that what they really needed was not just ordinary food, but the food that God would give them. And that was Jesus Himself, the Bread of Life!



Have you ever been hungry? You know you need food and you want to eat. But did you know that your soul can be hungry too? The food for our souls is Jesus. We receive Him in Holy Communion. Just like our bodies need food to stay alive, our souls need God.

John 6 24-35
Fill in the missing words. Use the letters in boxes to fill in the blanks at the bottom.

The people came looking for Jesus after the miracle of the loaves and fishes. Jesus said to them, "You are only looking for me because you the loaves and were filled. Don't work for food that perishes but for the that lasts for eternal ." The people asked, "What can do to do the works of ?" Jesus said to them, "This is the work of God, that you in the one he sent." So they asked him, "What can you show us so that we can believe in you? Our ancestors ate manna in the desert, like it is written in the Scriptures, "He gave them bread from Heaven to eat." So said to them, "It was not Moses who gave you bread from Heaven; my gives you the true bread from Heaven. The bread of God comes down from Heaven and gives life to the ." So the people said to Jesus, "Sir, give us this always!"



Jesus said to them, "I am the
1 2 3 4 5 6 7 8 9 10 11"

All your life there are things you want that you think will make you happy. Have you ever gotten something that you really wanted? It probably made you really happy for a while. But we can only be really satisfied if we have God living in us.



Answers to the front page: Manna and quadruple.
Answers to word puzzle: ac, food, life, we, God, believe, sign, Jesus, Father, world, bread, Bread of Life.

www.thekidsbulletin.com