



# The Cathedral Connection



6 March 2022  
Vol. 11 Issue 6  
1st Sunday of Lent

## Precious Opportunities

The Lenten Sunday Gospels begin every year with the temptation of Christ in the desert. Luke's account, which we hear this year, outlines the temptations for material security (turning stones into bread), control and domination (power and glory of the kingdoms of this world), and physical certainty and safety (throwing himself from the parapet of the temple).

Every year, as Lent begins, I am challenged again by the retelling of these temptations in the Gospel for the first Sunday of Lent. I also know the temptation of immediate gratification from hunger or other desires, and the temptation for control rather than service.

However, with the smoke from the Ash Wednesday fires at Parliament still lingering in my senses and my memory, the temptation for physical safety speaks most strongly to me this year. In this third temptation, the devil even misquotes Scripture to Jesus. It is a reminder to be on our guard against the misuse of facts and even our religious texts and traditions.

Lent is a precious opportunity every year to turn back to God, in every sense of the world – through giving time and attention to **prayer** and our personal relationship with God; **fasting** which is our tradition of self-sacrifice for the good of ourselves and also the common good of all; and **almsgiving** which is recognising and loving Christ in our neighbours.

In this immensely challenging time, so much that we thought was “normal” seems to be denied to us because of the pandemic, the recent protest action and the challenges of strengthening buildings in our earthquake-prone country. It is good to spend time with Christ who began his ministry with a time of voluntarily denying himself through fasting, in order to discern between those distracting, tempting voices, and the true loving voice of God who cares for each of us and all of us.

Lisa Beech *Music Coordinator/Leader*

## Readings For The Week

### Sunday 6<sup>th</sup> – 1st Sunday of Lent

Deuteronomy 26:4-10; Romans 10:8-13; Luke 4:1-13

**Monday 7<sup>th</sup>** – Leviticus 19:1-2,11-18; Matthew 25:31-46

**Tuesday 8<sup>th</sup>** – Isaiah 55:10-11; Matthew 6:7-15

**Wednesday 9<sup>th</sup>** – Jonah 3:1-10; Luke 11:29-32

**Thursday 10<sup>th</sup>** – Esther 4:17; Matthew 7:7-12

**Friday 11<sup>th</sup>** – Ezekiel 18:21-28; Matthew 5:20-26

**Saturday 12<sup>th</sup>** – Deuteronomy 26:16-19; Matthew 5:43-48

### Sunday 13<sup>th</sup> – 2nd Sunday of Lent

Genesis 15:5-12,17-18; Philippians 3:17-4:1; Luke 9:28-36

**OUR MISSION & VISION**  
To joyfully share God's love. To be a missionary people united in the hearts of Jesus and Mary.



METROPOLITAN CATHEDRAL  
OF THE SACRED HEART

Sacred Heart Cathedral Parish is a partner in the Wellington Central Pastoral Area with St. Mary of the Angels (CBD), and the Catholic Parish of Otari (Wilton and Karori)

## QUOTE OF THE WEEK

*Let us take special advantage of this Lenten season to care for those close to us and to reach out to our brothers and sisters who lie wounded along the path of life. Lent is a favourable time to seek out – and not to avoid – those in need; to reach out – and not to ignore – those who need a sympathetic ear and a good word; to visit – and not to abandon – those who are lonely.*

Pope Francis, [Message for Lent 2022](#)



## YOUR PARISH NOTICES AND EVENTS

**DIVINE MERCY DEVOTION:** Open to all - Online meeting via Zoom: Every Sunday 3:00pm.

Join Zoom Meeting: <https://us04web.zoom.us/j/79969189260?pwd=QzI3UIMva3lUTWwyeFhHZGFoaVk5UT09>  
Meeting ID: 799 6918 9260 Passcode: hra2h3

**WEEKLY SCRIPTURE REFLECTION:** Every Tuesday evening from 5.00-5.30pm there is an opportunity to be nourished by the Word of God, coming together in a safe on-line Zoom gathering. All are welcome. <https://zoom.us/j/94186740914?pwd=WlqwbkYyT2pvbGhKdHBLZDFYSIRBZz09> Meeting ID: 941 8674 0914

## LIFE IN THE SPIRIT SEMINAR

*"I invite all Christians everywhere, at this very moment, to a renewed personal encounter with Jesus Christ" – Pope Francis*

Have you been wondering if there is more to life? Does your spiritual life need a makeover? God is inviting you to a life changing seminar. Discover a deeper and more personal relationship with Jesus Christ. Join fellow parishioners every Wednesday evening from 4 May - 15 June 2022 in a Life in the Spirit Seminar.

For enquiries: [cathedral.parish@wn.catholic.org.nz](mailto:cathedral.parish@wn.catholic.org.nz)

## CATHEDRAL PARISH LENTEN OPPORTUNITIES

Lent is characterised as a period of fasting, almsgiving and prayer. To help you "align your souls with God" you are invited to join Fr Alliston for two one hour reflective Zoom Lenten sessions breaking open the season of Lent. He looks forward to you joining him on Thursday 10 and 17 March at 7.00pm.

<https://us06web.zoom.us/j/89854801437?pwd=UkJsV2dXbFU0YzFYZUdxTTJaL094Zz09>

Meeting ID: 898 5480 1437 - Passcode: 728596

### Reconciliation

Please approach Fr Alliston for an appointment for Rite I Reconciliation at any time or come along at the following times: weekends during Lent – at St Thomas More church, Saturday 4.50-5.20pm and Sunday 9.50-10.20am; weekdays at Connolly Hall chapel 20 minutes before 12.10pm Mass and 30 minutes after the Stations of the Cross on Fridays. In response to the Omicron outbreak there will be no Rite II Reconciliation services offered across the diocese during Lent.

### Stations of the Cross – Friday 4 March, 7.00pm

Although we cannot gather in person at Connolly Hall this week, if you can, please join our community in praying together the Stations of the Cross on Friday 4 March at 7.00pm, or at another time that suits you. This 15 minute virtual Way of the Cross is prepared by the United States Catholic Bishops Conference. There is also a link to it on the parish website and Facebook page [https://www.youtube.com/watch?v=KDY4E6qe\\_II&t=27s](https://www.youtube.com/watch?v=KDY4E6qe_II&t=27s)

## ON-LINE LENT RESOURCES

<a href="https://hallow.com/lent/">https://hallow.com/lent/</a>	The no.1 Catholic app leads you during the course of 40 days with also the chance to try the app for free
<a href="https://stpaulcenter.com/journey-through-lent/">https://stpaulcenter.com/journey-through-lent/</a>	Receive daily reflections from Scott Hahn by signing-up by email
<a href="https://formed.org/lent">https://formed.org/lent</a>	Sign-up to receive free Daily Reflections (3-5 mins) in your inbox from Dr. Tim Gray at the Augustine Institute based in Colorado.
<a href="https://dailycatholicgospel.com/lent-reflections-2022">https://dailycatholicgospel.com/lent-reflections-2022</a>	Daily Lenten Gospel Reflections from Bishop Robert Barron
<a href="https://www.dynamiccatholic.com/lent.html">https://www.dynamiccatholic.com/lent.html</a>	Matthew Kelly (Dynamic Catholic) will send receive two short, practical and inspiring videos in your inbox.
<a href="https://spiritualdirection.com/lent">https://spiritualdirection.com/lent</a>	<i>40 Days to Peace</i> , a Lenten journey written by Dan Burke and Fr. John Bartunek.
<a href="https://ScienceOfSainthood.com">ScienceOfSainthood.com</a>	Sign up to access St. Teresa of Avila's <i>Nine Grades of Prayer</i> led by Matthew Leonard to help transform your prayer life during Lent.

## MASSES UNDER THE RED COVID "TRAFFIC LIGHT" FRAMEWORK

The Cathedral parish continues to require parishioners to have a valid Vaccine Pass for entry at all parish Masses, along with face masks for all without an exemption. Registration to attend is required and can be found here. <https://mcshwellington.org/ash-wednesday-mass-reservations/> Please continue to practice 1m social distancing and be aware of those around you who may be nervous about the current environment – be considerate of each other's situations, known or unknown.

**Unvaccinated Masses:** St Mary of the Angels have a Mass for the unvaccinated at 5.15pm each weekday, Monday to Friday.

**Masses from other locations:** Please check details from your local parish websites. Contact details for other parishes can be found here: <https://www.wn.catholic.org.nz/about/parishes-in-the-archdiocese/>

**Need help?** This pandemic is very challenging to all on many levels. Omicron is now out in our community, and as we respond and adjust, if you find that you need assistance, like getting groceries, that family and friends are unable to help you with, please reach out to us in the parish office and we will try to put you in touch with someone to help. If you would like to put your name on a list of people available to help others if needed, please email the parish office with your offer.

### CONNOLLY HALL CHAPEL REOPENING

With the protestors having now departed and the concrete bollards due to be removed over the next few days we look forward to getting back to normality. So long as there is no renewed activity around the area over this weekend Connolly Hall chapel will reopen on Tuesday, beginning with 8.00am Mass.

### NEW PARISH OFFICE

A huge thank you to the volunteers who, at short notice, were able to assist in moving the parish office to our new permanent temporary location. This involved several hours of packing, moving, unpacking and reassembling 95% of the parish office from the Catholic Centre to our new office underneath Connolly Hall chapel and the decamping and disassembling of items in the Cathedral Music room and Vestry.

The office phone number is already operational and we have basic internet ability for now. We have commissioned work to get fibre internet installed and the necessary data and telephone jacks, power sockets and lighting, so hopefully before too long we will be fully operational again.

As normality around Hill Street returns we will be able to receive visitors again and look forward to greeting you in our new space. Our entrance is via the side door into the Cathedral foyer and then across the courtyard. Please ring the doorbell to the left of the Cathedral door and we will come and get you. Alternatively you can get to us through the back door of Connolly Hall chapel and down the two flights of stairs.

Our office hours are 12.30-4.30pm Tues-Friday.



*Outside of our new Parish Office*



*Inside the new office*

### ONLINE SEMINAR: LIVING LAUDATO SI' IN LENT 2022

Thursday 10 March, 7.30-8.30pm

The Wellington EJP Commission's Integral Ecology Committee is offering an online seminar to assist those who would like to live more simply by reducing their carbon footprint as part of Lenten practice. All are welcome. Presenters: Estelle and Stuart Henrys and Mgrs Gerard Burns. Please contact [l.beech@wn.catholic.org.nz](mailto:l.beech@wn.catholic.org.nz) to receive the online meeting details.

# SACRED HEART CATHEDRAL PARISH

Please keep in your prayers

PO Box 1937, Wellington 6140,  
Ph: (04) 496 1700  
[cathedral.parish@wn.catholic.org.nz](mailto:cathedral.parish@wn.catholic.org.nz)  
[www.mcshwellington.org](http://www.mcshwellington.org)  
<https://www.facebook.com/MCSHWellington/>

## Parish Pastoral Leadership Team

- Debbie Matheson: **Parish Leader / Lay Pastoral Leader**
- Fr Ron Bennett: **Parish Moderator**
- Fr Alliston Fernandes

## Music Coordinator/Leader:

Lisa Beech

## Secretary:

Frank Doherty

## Office Hours:

12:30pm to 4:30pm Tue-Fri

## Parish Council Chair:

Randy Reyes

## Sacred Heart Cathedral School

Guildford Tce, Thorndon

Ph: 472 4047

**Principal:** Bernadette Murfitt

**DRS:** John Grevatt

## MASS TIMES

*My Vaccine Passes are required to attend these Masses or Liturgies. Masses for people without My Vaccine Passes are listed on the [parish website](#)*

### Weekdays

(Except Public Holidays)

**8:00am Tuesday to Friday**

**12:10pm Monday** (Liturgy of the Word with Holy Communion)

**12:10pm Tuesday to Friday**

All in the Connolly Hall Chapel

### Saturday

**8:30am** – Connolly Hall Chapel

**5:30pm (Vigil for Sunday)** -

St. Thomas More, Wilton

### Sunday

**10:30am:** St. Thomas More, Wilton

**7:00pm:** Connolly Hall, Chapel, Thorndon

**Reconciliation:** by appointment.

**Baptism:** by appointment.  
Contact Parish office.

Gabrielle McLeavey  
Brian and Moira Dunn  
Nicholas & Thomas Dyne  
(Graham & Rosaleen  
Taylor's grandsons)



Ron Blackwell

Marie Byrne

Rocky Dunmire

Fr David Dowling



## Mass offered for



All our deceased friends,  
family and former  
parishioners.

## CHILDREN'S CORNER

### Lent:

#### Getting ready for Jesus' death and resurrection

Lent is the special time when we prepare for the celebration of Jesus' passion, death and resurrection. We get our souls ready by doing prayer, fasting, and almsgiving.

Prayer is talking with God. We need to talk with God even more than we need to talk to our family and friends. Lent is a good time to get into a habit of talking with God every day.



Fasting is eating less than you normally would. It's a good idea to give up a little something you like for Lent. Giving things up helps us remember we need God, not just food.



Almsgiving means giving to those who are in need. It helps us to be generous like God. Maybe you have a bit of money you can give to the poor or to the Church.



Answers to True or False: 1. true; 2. false; 3. false; 4. true; 5. false; 6. true; 7. false.

[www.thekidsbulletin.com](http://www.thekidsbulletin.com)

## The Kids' Bulletin

First Sunday of Lent  
March 6th, 2022



Jesus spent 40 days in the desert preparing for His work. During Lent we spend 40 days getting ready to celebrate Jesus' death and resurrection.

*Can you find your way into the desert to be with Jesus?*