



First Sunday in Lent

Vol. 9 Issue 6

1 March 2020

Imagine the cost of forty days and forty nights in a five star hotel. Pampered beyond belief and no doubt charged for the pleasure. Imagine too forty days and forty nights confined to a small room. A harsh reality for those who have been quarantined onboard cruise ships with the recent outbreak of COVID-19 (novel coronavirus). For Jesus too, he was quarantined, by the Spirit, in the wilderness, and as you may have worked out – quarantine means, literally, forty days.

Forty days of confrontation with the same temptations we have today and forty days with the sound of silence. Something that in our busy worlds we hardly get much of! The forty days of Lent are a wonderful opportunity to pause, listen, and in that time and space that silence holds, find a place where we can reflect.

Lent, much like life is not an exercise to be endured. It is a mystery to be unfolded, and it begins from the inside out. So rather than giving up chocolate or alcohol and then patting ourselves on the back and feeling good, perhaps we could dare to be more vulnerable and allow the Spirit to guide us to our own wilderness where we are challenged. In turn we are offered the opportunity to grow, beginning our own journey with Christ to his death and resurrection.

Michael Fletcher
Director of Music

Sacred Heart Cathedral Parish is a partner in the Wellington Central Pastoral Area with St Mary of the Angels (CBD), and the Catholic Parish of Otari (Wilton and Karori).

Coronavirus & Liturgy - The NZ Catholic Bishop's Conference has advised that should outbreaks of the virus occur in New Zealand, clear procedures concerning the celebration of Mass will be implemented. All parishioners are asked to take precautions to ensure their own good health and the safety of others and, as always, if you have a cold or the like, please refrain from sharing the chalice at Communion. If the situation changes, parishes will be asked to take extra precautions as necessary.

An Encounter with Mercy — A teaching series that explores the mystery of forgiveness through the healing ministry of Jesus in the parables of Luke's Gospel. Lost, Restored, Healed, Forgiven. Led by Fr James Lyons. All welcome. Please register. Wednesdays 4th March, 25th March, 1st April - 7pm. The Chapel of Our Lady of Compassion, 2 Rhine Street, Island Bay, Wellington. Ph. (04) 383 7134 or (04) 383 7769.



Please continue to support the food bank, with donations of non perishable foods or toiletries and sanitary or laundry items. Collection boxes are beside the doors in the foyer of St Thomas More and the Cathedral Chapel. Thank you.

Samaritans, "Walk With Me"
Saturday 28 March, 6pm (Wet weather postponement date 6pm, Saturday 4 April 2020) - 10km walk from Civic Square to Cogs Park (Hataitai) return. The vision of Samaritans NZ is that fewer people die by suicide. Please support our fellow parishioner and Samaritans volunteer, Mary-Jane Monaghan as she walks 10km to raise money for the Samaritans and raise awareness about the helpline. Donations can be made here:
<https://give.everydayhero.com/nz/mary-jane>. Further information about The Samaritans is available at www.samaritans.org.nz.

Still Urgently Needed — Cathedral Guardians. Do you have a spare morning or afternoon (3-4 hours only) during the week on a regular basis? Can you help with being a welcoming face in our Cathedral and help keep our doors open? This is a very important and rewarding part of our ministry as an inner city church, providing an "oasis" for all visitors. If you can help or want further information then please contact Frank in the Parish Office Ph. 496 1700.

New to this parish?

Nau Mai Haere Mai - Welcome

If you would like to become a member of our parish then please complete the form at: <https://mcshwellington.org/join-the-parish/> or contact the parish office Ph. 496 1700. You and Your Parish - Working Together.

'Putting the paschal mystery at the centre of our lives means feeling compassion towards the wounds of the crucified Christ present in the many innocent victims of wars, in attacks on life, from that of the unborn to that of the elderly, and various forms of violence. They are likewise present in environmental disasters, the unequal distribution of the earth's goods, human trafficking in all its forms, and the unbridled thirst for profit, which is a form of idolatry.' Pope Francis: [*Message for Lent 2020*](#)

World Day of Prayer Friday 6 March, 7:30pm. This year's service has been prepared by the Zimbabwe committee, with the theme 'Rise! Take up your mat and walk'. Join parishioners of local churches at Wadestown Presbyterian Church, 116 Wadestown Road. All are welcome. Offerings will be taken up for WDP projects. St Thomas More and St Teresa's need to provide six readers for this service. If you would like to participate please contact Estelle Henrys ph.479 7151 or ev.henrys@gmail.com

Voice of Islam - Togetherness Tour, Kotahitanga, March 2020.

Talks and exhibitions on "What is Islam?". Our aim is to create an opportunity for people to meet Muslims in their local community and create better understanding and harmony. Saturday 7 March, Johnsonville Community Centre, 3 Frankmoore Ave, Exhibition 5pm to 9pm. Talk 6pm to 9pm. Sunday 8 March, Lower Hutt Mosque, 14 Hunter St, Taita, Exhibition 5pm to 9pm, Talk 6pm to 8.30pm.

Sacred Heart Parish School - Do you buy the Entertainment Book? If so then please consider supporting our Parish School; 20% of every membership sold contributes to the purchase of more IT devices for their classrooms. Use this link, and please share with your friends and family. Thanks for your support. <https://www.entertainmentbook.co.nz/orderbooks/10428y2>

WelCom The March edition of the free Wellington-Palmerston North combined diocesan newspaper is available today.

Lenten activities — below are two possibilities for Lenten reflection:

A. Joint Cathedrals Lent Programme - Five thought provoking sessions on the theme of Mission are being jointly hosted during Lent by the Anglican and Catholic Cathedrals. The dates and venues are 7.00pm - March 4 and April 1 in Connolly Hall, and March 18 and 25 at the Anglican cathedral. Speakers include Cardinal John, Anglican Bishop Justin Duckworth and Dean David Rowe.

B. Hear the cry of the earth - Laudato Si' Lenten Series - St Thomas More church from 7.30pm to 9.00pm.

First session Tuesday 3 March

Speakers: Deacon Danny Karatea-Goddard and Catherine Gibbs.

Second session Thursday 12 March

Speakers: Professor David Frame and Stewart Henrys

Third session Thursday 26 March

What's happening locally - A series of short talks on local initiatives.

Everyone is welcome to any or all of these events.

Please see insert for more information and events.

Please keep in your prayers:

Kaye-Maree Corkill
Fr Justin Taylor SM
Anne Kelly

Judy O'Connell

All those affected by the CoVID-19 Virus



Mass offered for —

Fr Fergus Reeves



Sacred Heart Cathedral Parish

22-30 Hill St, Thorndon
PO Box 1937, Wellington 6140
Ph: (04) 4961700
cathedral.parish@wn.catholic.org.nz
www.mcshwellington.org

Parish Priest: Fr David Dowling
Lay Pastoral Leader: Debbie Matheson
Director of Music: Michael Fletcher
Office Administrator: Frank Doherty
Office Hours: 10:00am-3:00pm, in the Catholic Centre, 22-30 Hill St.
Parish Council Chair: Jim McAloon

Sacred Heart Cathedral School
Guildford Tce, Thorndon Ph: 472 4047
Principal: Bernadette Murfitt
DRS: Jane Regan

Mass Times

MONDAY-FRIDAY

8:00am & 12:10pm

Cathedral Blessed Sacrament Chapel

SATURDAY

8:30am - Blessed Sacrament Chapel

5:30pm - St. Thomas More, Wilton

SUNDAY

10:30am - St. Thomas More, Wilton

7:00pm - Blessed Sacrament Chapel

Reconciliation: Weekdays 11:50am-12:05pm; Saturday after 8:30am Mass, or by appointment. **Baptisms** by appointment.

PARISH ACTIVITIES

Liturgy Committee next meeting
7:00pm Tuesday 5 March.

Finance Committee next meeting
Thursday 12 March.

Parish Pastoral Council next meeting
tbc.

Rosary Monday 11:30am-12:00pm in the Blessed Sacrament Chapel.

Exposition of the Blessed Sacrament. Thursday & Friday
7:30am until the 8:00am Mass.

Prayer Group 1st and 3rd Mondays,
7:30 pm in Connolly Hall.

Divine Mercy Devotions - Sunday
6:00pm-6:30pm Blessed Sacrament Chapel.

Newsletter items should be sent to
cathedral.parish@wn.catholic.org.nz by
Wednesday midday.

*The Parish Smartphone App can be
downloaded from:*
www.mcshwellington.org/parishapp



[https://www.facebook.com/
MCSHWellington/](https://www.facebook.com/MCSHWellington/)

Readings for the Week

Sunday 1st March – First Sunday in Lent

Gen 2:7-9, 3:1-7; Rom 5:12-19; Mt 4:1-11

Monday 2nd - Lev 19:1-2, 11-18; Mt 25:31-46

Tuesday 3rd - Is 55:10-11; Mt 6:7-15

Wednesday 4th - Jonah 3:1-10; Lk 11:29-32

Thursday 5th - Esther 14:1, 3-5, 12-14; Mt 7:7-12

Friday 6th - Ezek 18:21-28; Mt 5:20-26

Saturday 7th - Deut 26:16-19; Mt 5:43-48

Sunday 8th - Second Sunday in Lent

Gen 12:1-4; 2 Tim 1:8-10; Mt 17:1-9



Psalm Response Today: 'Be merciful, O Lord, for we have sinned'.

Wellington Central Pastoral Area

2020 Lenten Activities

ALL WELCOME



Weekday Mases in Lent:

SMOA: Monday to Friday 7.30am, 12.05pm, 5.15pm

SHC: Monday to Friday 8.00am and 12.10pm in chapel.

St Teresas: Tuesday to Friday at 9.30am. Wednesdays and Fridays at 6.30am.

Wellington Cathedral of St Paul and the Metropolitan Cathedral of the Sacred Heart will be partnering in a mission focussed **Lenten Programme**. This will be supported by *Cardinal John Dew* and Anglican *Bishops Justin Duckworth* and *Eleanor Sanderson*. It provides an opportunity to build relationships between the Cathedral communities and neighbouring parishes as together we grow in our faith.

The Lent Programme will run on subsequent Wednesdays throughout Lent in either Connolly Hall or the Wellington Cathedral of St Paul - meeting at 6.45pm for a 7pm start.

Wednesday 4 March - Connolly Hall

Wednesday 11 March - Connolly Hall

Wednesday 18 March - Wellington Cathedral of St Paul

Wednesday 25 March - Wellington Cathedral of St Paul

Wednesday 1 April - Connolly Hall

Ōtari parish Lenten series for Wellington Central Pastoral Area

Whakarongo ki te tangi a Papatūānuku: Listen to the cry of the earth, We can make a difference. Laudato Si' Lenten Series - St Thomas More church from 7.30pm to 9.00pm.

First session - Tuesday 3 March Speakers: Deacon Danny Karatea-Goddard and Catherine Gibbs.

Second session - Thursday 12 March Speakers: Professor David Frame and Stewart Henrys

Third session - Thursday 26 March What's happening locally - A series of short talks on local initiatives.

Reconciliation:

SMOA: Reconciliation held half an hour before weekday Masses.

SHC: Monday to Friday 11.50am to 12.05 pm and Saturday from 9.00am to 9.20am

St Teresas: Saturdays at 9.30am or by appointment.

Pastoral Area Combined: Rite II 22nd March 4.00pm at St Teresas

Stations of the Cross:

7.00pm Friday 6, 13 & 20 March - Sacred Heart Cathedral Chapel

7.00pm Friday 3 April - Combined with Otari Parish at St Thomas More Church, Wilton.

Flax Cross making for Palm Sunday at St Thomas More

After Stations of the Cross on 3 April 6.30pm. Shared meal. All welcome.



Picnic in Autumn
for the Wellington refugees

HOSTED BY

the Catholic & Anglican Cathedral parishes

SUNDAY, 29 MARCH from 12noon to 2pm
Parliament grounds
(Alternative venue in case of rain : Anglican Cathedral in Hill st.)

Bring food & drinks to share, cups, rugs & umbrellas.
You may come in your homeland's national attire.

Free parking around the Anglican Cathedral
and at the Sacred Heart school.

RSVP TO
patricia@anglicanmovement.nz
cathedral.parish@wn.catholic.org.nz

This is a smoke free event.

